

Kathryn Thomas-Palmer, LMSW, CAADC

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Education and Credentials

MSW – University of Michigan; Ann Arbor, MI; 2002

- Practice Method/Area: Interpersonal Practice / Children & Youth in Families & Society
- Minor Degree: Community Organization

Member of the National Association of Social Workers 2003 - present

BFA – Carnegie Mellon University; Pittsburgh, PA; 1994 Vocal Performance

Professional Experience

Room to Talk (Ann Arbor, MI)

02/2017 - Present

Private Therapist

- Provide counseling services to people ages 15 and older
- Support for individuals and couples seeking change

Ele's Place (Ann Arbor, MI)

01/2017 - Present

Adult Group Clinician

- Provide weekly group facilitation services to adults who are parenting a grieving child
- Work with colleagues, staff, and volunteers during briefing meetings

15th Judicial District Court (Ann Arbor, MI)

06/2016 - 02/2017

Washtenaw County Veterans Treatment Court Coordinator

- Coordinated a team of attorneys, judge, therapists, VA, and probation officers, to facilitate treatment and reduce criminal recidivism for Veterans with a mental health disorder and/or a substance use disorder
- Wrote annual grant and budget request to the State Court Administrative Offices
- Coordinated operation of team meetings and review hearings for defendants
- Ensured Drug Court Case Management Information System is consistently updated
- Verified accuracy and maintain records of invoices for contractual service providers

Home of New Vision (Ann Arbor, MI)

08/2014 - 06/2016

Court Coordinator/Therapist

- Worked with a team of judges, peers, therapists, and supervisors to facilitate treatment plans
- Service coordination to clients of Human Trafficking Court, Mental Health Court, and Veteran's Court
- Assessed, diagnosed, and counseled clients with substance use disorders and mental health disorders
- Completed appropriate documentation and case notes for therapeutic interventions
- Conducted Secretary of State Substance Abuse Evaluation Assessments
- Participated in weekly court reviews
- Visited clients in jail to assess for level of care (SUD)

Jewish Family Services of Washtenaw County (Ann Arbor, MI)

07/2012 - 08/2014

Older Adult Services Social Worker

- Older Adult program team member working with individuals and families
- Coordinated cultural competency programs as an outreach project to Assisted Living Facilities
- Organized Older Adult Depression Screening program for individuals
- Identified volunteers to match with older adults in need of services

- Provided individual counseling
- Facilitated referrals and information to community services and resources
- Provided case management services to older adults and disabled clients
- Coordinated delivery of food pantry items to homebound individuals and families

Interfaith Hospitality Network at Alpha House (Ann Arbor, MI)

02/2012 - 06/2012

Family Services Specialist

- Worked with the service team to review and evaluate each family's progress in the shelter
- Developed and implemented support services for homeless parents in the shelter
- Coordinated assessments, referrals, and individual support for needed services

Shelter Association of Washtenaw County (Ann Arbor, MI)

10/2011 - 03/2012

Operations Assistant

- Participated as a member of the team, working with administrators, case managers, and volunteers in order to provide services for individuals experiencing homelessness
- Facilitated the operation of a 50-bed residential floor, connecting individuals to community services and resources

Spectrum Human Services (Westland, MI)

03/2004 - 07/2004

Solution Family Focused Program Counselor

- Provided individual and family therapy for adolescents and adults
- Collaborated treatment services successfully with case managers and program managers
- Developed treatment plans that effectively addressed clients' therapeutic needs

Spectrum Human Services (Westland, MI)

01/2002 - 11/2002

Social Work Intern

- Counseled individuals, families, and groups using a variety of treatment modalities
- Facilitated treatment groups for adolescent groups experiencing difficulties in: truancy, anger management, sexual abuse, and sexual orientation
- Developed comprehensive short-term treatment plans with adolescents in individual and group therapy
- Maintained accurate and thorough records of the therapeutic activities and client progress
- Participated in clinical team meetings regarding client progress
- Conducted Feasibility Study for the development of adolescent mentoring program

Relevant Experience

Ele's Place Volunteer

10/2014 -11/2016

Elementary School Age Volunteer Teacher at UU Congregation

09/2011 - 05/2013

Shelter Association of Washtenaw County

10/2007 - 09/2011

Volunteer Therapist

- Provided counseling for individuals experiencing homelessness
- Participated with case managers by providing referrals with community resources

Committee Chair for community outreach: Lyon Township Public Library

06/2006 - 04/2007

Hospice of Michigan Volunteer

10/2000 - 01/2002

Special Training

- Clinical experience with older adults, individuals, couples, families and adolescents
- Clinical experience with homeless population and substance use disorders population
- Clinical experience in residential treatment program
- Excellent organizational and writing skills